



## **FAQ from Professionals with Potentially Impairing Illness**

**If I call you will I lose my license?** No. Your board works with us because they recognize that professionals, just like any other group, are subject to potentially impairing illnesses. So long as you get the help you need, you may keep your anonymity with your board. You are much more likely to get into difficulty with your board if you have an impairing condition and do not call us.

**Will I be reported to my Board if I call you?** No. So long as you are receptive to the help you need and cooperate with your recovery plan, your board will not become involved.

**Is there a fee for your programs services?** Yes. There is a nominal sliding fee based on profession. Experience has taught that people who pay something toward the service provided are more vested in the process. In addition, if your recovery requires seeing health professionals or toxicology screening, you are responsible for that fee. PHN never turns anyone away due to financial hardship.

**Does PHN accept insurance?** PHN does not take insurance. Most insurance companies do not provide coverage for professionals health program services.

**What if my Board does not participate with PHN?** PHN will still work to provide you with recovery resources and make its recovering groups available to you.

**I have an addiction to a substance I feel powerless to control. Is there help for me?** Absolutely. Nationally, professionals' health programs report over 90% of their program participants in stable recovery at 5 year follow-up.

**I believe my spouse and children have suffered from my illness. Is there help for them?** Yes. We are fortunate to have many state experts who deal with family-related issues. PHN will work to see that your family is referred to competent mental health experts and support groups. If there are more serious problems, PHN has relationships with appropriate treatment facilities around the country.